



# The Swaffham Crier

Volume XLV Number 5

May 2021



## Editorial

For a couple of issues last summer the Crier produced specials on the village heating scheme. Since then, things seemed to have quietened down and quite frankly there appeared to be little prospect of the project getting 160 households to sign, the number specified as being needed to make the project's running costs viable in the long term.

The article from the project team in March's Crier and the subsequent open meeting (see p 6) have moved the goalposts: the project is now planned to go ahead however few people sign up. David Jackson's letter (p 2) rather nicely summarises the issues that we all have to face in coming to a decision and we will try to get definitive answers for next month's Crier. To his questions we should probably add: concerns about the need for further subsidies (the build cost is now up again at £9M) to cover lost income if fewer than 160 do sign up; and the somewhat uncomfortable feeling from none of the project's deadlines having been met. At least the latest delay before houses will be connected (now summer 2022) means that we have longer to think about our decisions! As before we would welcome lots of input, representing the full range of views and questions.

As you will see on the Letters page, our Advertising Manager is still recuperating after a long spell in hospital, and we are now looking for a new manager to fill his shoes — not an easy job! Please do get in touch if you think that you (or someone you know?) might be able to help.

See you at the Village Assembly (p. 7) in real life at the Village Hall, and meanwhile, what can our Cover picture be about? See page 5!

*James & Caroline Matheson*

**Cover Picture:** *Hog Ice* by Jenny Butler (see page 5)

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## Letters to the Editors



Dear Editors,

### **More Thoughts on the Heating Scheme**

I've been trying to crystalize my thoughts on the proposed system, and come to some conclusion as to whether to finally say yes or no. I did join the zoom meeting on 25th March, although I didn't learn a lot, mainly because my camera failed and the audio kept cutting out. Oh well.

One part I heard though was the statement that the new system was perfectly compatible with our existing wet systems. So the question I have raised repeatedly regarding the supply temperature being lower than my boiler delivers presently, and the resulting effect on radiator sizes, and who pays for it, was not answered. As a result, after the meeting I e-mailed Janet Hall, and she has effectively replied that any cost for replacement radiators will not be covered.

But I've tried to think of the bigger picture, and I've been doing a bit more research. My boiler is about 16 years old and so will need to be replaced before too long. Oil and gas are being phased out, so that will mean fitting an air source heat pump, again giving me the same problem of needing increased size radiators. The actual decision to enhance the radiators can be delayed of course until after a winter season to see how much actual effect there is, and in which rooms. This decision is the same for both the district system and an individual air source system, but enhancement is more likely to be needed with the individual system as the water supply temperature would be lower than the ground source employed in the district system.

Hence in the next few years I will have to pay about £10k for an air source system, with potentially another 3 or 4K for replacement radiators. Call it £15k overall. Or I can join the scheme for no cost, and prepare to pay 3 or 4K for new radiators.

Whatever I decide to do, I'll have the radiator issue to face. And this is a decision facing everyone with a gas or oil boiler currently. I still haven't decided which way to go, but I must admit that the potential to not spend £10k is attractive. And I like the engineering and principles involved. After all, district systems have been used for decades across Europe.

I don't really have an issue with other aspects (disruption during the work etc) but I totally sympathise with those who do.

I'm still thinking, and looking forward to other comments in the Crier.

**David Jackson**  
34 High Street.

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Dear Editors,

### **SP Heating Scheme Summer Access**

As part of the Swaffham Prior heat network project we are currently asking residents in the village to make us aware of any potential access requirements from this summer, due to mobility issues, or planned major works that residents may be undertaking to their property, as we are in process of preparing construction plans

for the heat network.

We have had a few responses already from residents, but would appreciate your support in making sure this message is shared. We have an online form (<https://heatingswaffhamprior.co.uk/heat-network-development/>) to share this information, alternatively residents can phone or email [info@heatingswaffhamprior.co.uk](mailto:info@heatingswaffhamprior.co.uk) / 075 2594 3420 (M-F, 12-7pm)

*Heating Swaffham Prior Team*

Dear Editors,

### **Thank you**

Rather belatedly I would like to say a big thank you for all the help and support and good wishes we received during Peter's extended stay in hospital and his on going recuperation at home. It has certainly been a traumatic time for the whole family complicated of course by all the Covid restrictions on visiting and it was such a relief when he was finally allowed home. It is likely to be quite a challenge over the next few months but we are looking forward to warmer days and optimistic that lots of fresh air and sunshine will bring further improvement to his health. How lucky we are to be living in such a caring community here in Swaffham Prior.

*Pat and Peter Cook*

## **The Swaffham Crier New Advertising Manager Required**

The Crier is looking for a new Advertising Manager/Treasurer to take over as soon as possible from Peter Cook (see Pat and Peter's letter above) who is retiring after many immensely productive years in post. We are staffed entirely by volunteer effort, and we are critically dependent on our advertising revenue to cover our printing costs.

For more information please contact the editors on 01638 744008 or email [editors@swaffham-crier.co.uk](mailto:editors@swaffham-crier.co.uk).

Dear Editors,

### **A Big Thank you from BVC**

The Governors of Bottisham Village College would like to take a moment to thank all those, across this wonderful and generous Community, that donated computers and devices to support student education and wellbeing over the last year of lockdowns. These kind hearted donations enabled over 110 devices to be successfully used for safe and continued access to education and enabled so many students to continue their studies. This was a massive team effort of donations, rebuilding



and getting to those needing them most and to educationally productive use. An achievement on this scale was just huge. The Governors, Staff, Students and Leadership team are just so thankful that in this time of need that this support was just so immediate, generous, thoughtful and forthcoming. It meant so much to so many students, over the last year, knowing that they were not alone and without support and help.

When you couldn't do what you normally do, you did what you could and together achieved this massive success.

Thankyou – Thankyou – Thankyou

*BVC Governors*

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## From our Reporter at the Parish Council Meeting

Next month is CCC Election Day – 6<sup>th</sup> May. Who does one vote for – that is the question. Take the Mayor. I know nothing about the man. Whenever I ask someone who ought to know, they just give a little shake of the head, look away, while muttering that they would rather not say. Does anyone know why?

**Joshua Schumann is the worst representative we have ever had if we judge him by the number of times he has appeared in the village**

But we do know much about our CCC representative Joshua Schumann. He is the worst representative we have ever had if we judge him by the number of times he has appeared in the village, and by the regular lack of any report, even an annual report. If we had a “man in Mongolia” we would more likely be given more information. And yet in his campaign literature he claims to be responsible for the new Village Hall extension. He even reproduces an old picture of our Village Hall, minus the extension. Does he even know whether it has been built? It is true that CCC provided a very generous grant towards it, which Alan Durrant negotiated with the great help of Elisabeth Every, ECDC and



CCC councillor, together with Ian Phillips of the CCC. It is they we should thank.

Schumann also suggested that he is responsible for the Metro (CAM) system and provides a diagram showing all the villages which would be on the line to Mildenhall. And of course Prior and Burwell are included. It is to be hoped that the system does get off the ground but it is common knowledge that Cambridge has two other possible lines as absolute urgent priorities, and that they cannot even seriously consider this side of town at present.

The point of all this is that I don't think the village should vote for Schumann. He has only been twice in the last four years. Twice! Once when just elected he turned up to a PC meeting and said that we would not be seeing much of him. How

right he was. After saying this he was off like a shot. The other time was when he turned up at the 2019 Annual Village Assembly to give his report. The report on this Meeting was by the glamorous and very elderly Tina Harbottle (call me Tintin). She found him “quite dishy”, and liked his smile. Apart from that Schumann has never sent any report to the PC, not even an annual one.

National politics and local politics are quite distinct. Another contender for the seat is our current ECDC councillor, Charlotte Cane, who really has taken an interest in and represented the village. A distinct possibility.

On a lighter note no-one earned a bottle of wine by correctly supplying the name missing in my opening sentence in last month’s report. Thank you for the suggestions and it was not “Boris” or “Churchill”. The correct answer is “There are times, I have to admit, when even the glowing flame of Rumpole sinks to a mere flicker.”

*Alastair Everitt*

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## **This Month’s Cover Picture**

What have ice creams got to do with hedgehogs?

Well, if you get the chance to enjoy an ice cream or two this month (sadly not at Reach Fair, cancelled this year due to Covid-19 ), do spare a thought (and perhaps a few coins or notes) for the hedgehogs being cared for at Hoggywobbles. If you haven’t heard about it, Hoggywobbles is our very own local hedgehog convalescence and release hospital. From her home, Saffra Monteiro cares for rescued hedgehogs, including baby hogs or hoglets, and co-ordinates a team of volunteers in Swaffham Prior and surrounding villages who give recuperated hedgehogs a home in their garden. Hoggywobbles is a not-for-profit organisation and relies entirely on donations for its work with hedgehogs, which are now officially at risk of extinction. We tend to think of the hedgehog in November when we’re reminded to look out for any that may have chosen to hibernate in the pile of dry leaves and wood we’re planning to burn on Bonfire Night. At Hoggywobbles, however, caring for this shy, nocturnal, garden friend is an all year round endeavour. People find injured and orphaned hedgehogs in all seasons and bring them to Hoggywobbles where they will be nursed and fed, which does incur some expenses of course. Yes, even in the merry month of May, hedgehogs need our help! Our cover picture was designed by Jenny Butler, one of the many amazing crafters who create hedgehog themed items to sell for Hoggywobbles. You can find lots of fascinating facts and stories about hedgehogs and Hoggywobbles and see items for sale by visiting Saffra’s facebook page: [www.facebook.com/hoggywobbles](https://www.facebook.com/hoggywobbles)



*Saffra & Hoggywobbles will soon be relocating to Burwell, please check the facebook page for the latest information.*

*CT*

# IT REALLY IS HAPPENING

There had been some excellent widespread publicity for the Zoom Heating Meeting on Wednesday 27<sup>th</sup> March. And what a lovely time we all had at it. 45 attended, including our “Local Trio”, Emma Fletcher, David Greenfield and Mike Barker. The CCC were represented by Sheryl French, Janet Hall, Matthew Rathbone (Finance) and Steve Gunner (Legal Adviser). The remaining 38 included some fervent supporters, some sceptics, and some who were just curious. That’s not bad for our new **nine million pound** project.

The meeting lasted one and a half hours. Most of it dealt with what I call technicalities, charts, projections, costings, with questions such as whether it will work, possible damage to houses, can I have it if I have a Combi, will we all receive the same level of heat, with the occasional question about the numbers who had signed being brushed aside. So all pretty low key and almost ‘getting nowhere stuff’, and not much we haven’t heard before during the last three years. All this took a considerable amount of time, maybe an hour, and formed the bulk of the meeting.

Then Ian Patterson introduced what is a major concern and which had only been touched on lightly earlier. How many of the 160, who had “expressed an interest”, were required to “sign up” before the project proceeded? Cheryl admitted that about 130 had “expressed an interest” but had not yet committed. Ian continued with his calm authoritative questioning. “But what is your viable number”. No answer. He went on, “If only 100 sign with it be dropped?” Sheryl did not answer the question but loudly proclaimed that she **“BELIEVES that sufficient people WILL sign up and that more WILL join later”**. Such was her fervour I thought we were moving into a Faith Meeting. In any case she said all risks would rest with the CCC. Ian asked “How many risks would or should CCC be taking?” This was a difficult question to answer said Sheryl, but that everything new does always involve taking some risks.

The result is that CCC is signing contracts before knowing how many people will sign up and commit, and that work will begin on site in June with the network trenches starting in July – at an initial cost of half a million pounds. Sheryl said that **“the CCC politicians were very keen to proceed”**, and Matthew Rathbone (Finance) confirmed that risks do need to be taken. Sheryl also explained that there was no financial risk to the Village as all the money is coming from elsewhere and not from any Villager.

The meeting was at last warming up and getting down to essentials and these last questions were like a fanfare for George Lamberty’s entry, just like St George on his white horse. He was astonished that Sheryl had said there was no financial cost for the Village because it was Government and CCC money, and that no one on the village will pay anything. Sheryl responded by saying it does not come from our local tax and **“they are just following Government orders and wishes”**. She went on to say that it is very important that “CCC leads the way in combating Climate Change and protecting Public Health”. George found this an astonishing statement and his response was like the clashing of symbols and the sounding of trumpets. He

roared “I am a doctor. This has nothing to do with Public Health. And it has nothing to do with Climate Change. It is just another Heating System”. When the costs came up again Emma Fletcher intervened and came into the ring like Boudica, brandishing her spear and proving irrevocably that no one in the village is being charged anything. Many a man would have given way but not George who was amazed and explained that money just does not come out of thin air and that his taxes are helping to pay for the nine million pounds. Anyone paying tax probably agrees with this. Even a non-tax payer may think they are allowed to have an opinion.

**“I am a doctor.  
This has nothing  
to do with Public  
Health. And it has  
nothing to do with  
Climate Change.  
It is just another  
Heating System ”**

Shortly after this the meeting closed. At the very beginning Janet Hall had wondered whether they should record the meeting and make it available to those who missed it. If they do it may be worth watching.

### **Further Reflections**

The Heating People have been admirably consistent and this is a very worthy attribute. At the very first public meeting they were asked how many people wanted the new heating system. The answer was “That’s irrelevant”. It is good to know that it is still “irrelevant”. Any consistency is good.

But one thing I can never understand is why they have consistently attacked using Air Source Heat Pumps. This is equally favoured, if not more so, by the govt/ BEIS. Are they not on the same side, trying to achieve Carbon Zero? During a presentation of Air Source Heat Pumps by another company a member of the Local Trio even interrupted and urged people **not to use** Air Source Heat Pumps.. I have never known a business competitor ever do this at another company’s presentation. Interesting behaviour.

The heating programme itself is now at a fascinating stage, and it will be all engines go in one month’s time. Whoopee! We will all watch with interest,

*Alastair Everitt*

## **Do you live in Swaffham Prior?**

Do you have a suggestion to make, an issue to raise, questions to ask or a brilliant idea to float about the village?

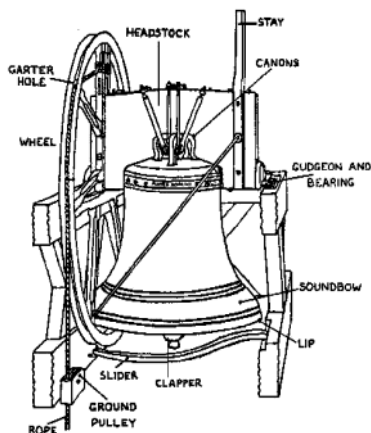
If so, we want you at **your Annual Village Assembly** on Wednesday  
26<sup>th</sup> May, 7pm at the Village Hall  
– an open question event on all things Swaffham Prior

Any questions or information wanted can be communicated to the Clerk before the meeting, to make sure that as full an answer as possible is available on the day.

**Jude Griffiths**— Clerk to the Parish Council, [swaffhampriorclerk@gmail.com](mailto:swaffhampriorclerk@gmail.com)

# THE BELLS, THE BELLS...

... may soon be back in action. The latest guidance suggests that from May 17<sup>th</sup> we will be able to have a band of up to six people in St Cyriac's tower to ring, assuming we are happy with the spacing and ventilation, and that the ringers themselves are prepared to share the space and relearn the skills after such a lengthy period. So far it's looking promising. Two weddings are booked in St Mary's before the end of the month, and it would be wonderful to be able to ring for them.



Meanwhile, we await the return of the headstock of the tenor bell, and seeing it put back into service. Thanks to generous donations from villagers, the Parish Council and local ringers, our appeal for help with the cost of repair has so far raised over £1,000, which is well over half of the sum we are hoping for. Any further donations will be gratefully received; please contact me on 01638 742004 or [johnc.ipe@gmail.com](mailto:johnc.ipe@gmail.com) for details of the alternative ways to pay.

*John Chalmers (Tower secretary)*

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## Are you COVID testing?

**Residents in Cambridgeshire are being urged to get twice-weekly rapid Covid tests.**

The move is an important step forward to meet the aims of the national roadmap, allowing everyone to move safely out of lockdown.

Twice-weekly rapid testing is a vital tool in identifying cases of Covid-19 that would otherwise be missed. With 1 in 3 people with coronavirus showing no symptoms and potentially spreading it without knowing, rapid testing helps to identify positive cases quickly, preventing the spread of infection.

There are several ways you can access rapid testing. You can take a test at one of the rapid testing sites locally. Your employer may be offering testing in the workplace. You can also collect tests to complete at home or order tests to be delivered to your home. Secondary school pupils are also being asked to take a twice-weekly test.

You can find out more about all of these options at [www.cambridgeshire.gov.uk/rapidtesting](http://www.cambridgeshire.gov.uk/rapidtesting) (or [www.peterborough.gov.uk/rapidtesting](http://www.peterborough.gov.uk/rapidtesting)).

Dr Liz Robin, director of public health for Cambridgeshire and Peterborough, said: "Getting into the habit of twice-weekly testing as part of our everyday lives will help us all to keep each other safe. Alongside the ongoing vaccine rollout, it will help us to move forward with the roadmap out of lockdown."



# **JULIE'S RECIPES FOR MAY**

## **Double cheese & vegetable tart**

500g block shortcrust pastry	100g crème fraiche
Plain flour for dusting	150g double cream
25g mature cheddar, finely grated	Whole nutmeg, for grating
200g asparagus, woody ends trimmed	100g watercress
100g fresh podded or frozen peas	300g or 2 logs of soft, rindless goats cheese
2 eggs	

1. Roll the pastry into a rectangle on a lightly dusted floured surface, scatter over the cheese, fold the pastry in half and roll out again into a circle that fits a 25cm tart tin with a overhang. Chill for 20 mins. Meanwhile cook the asparagus for 3 mins and the peas for 1 minute. Leave both to drain and cool.

2. Heat the oven to 200C, prick the base of the tart with a fork and bake blind for 30 mins until slightly brown.

3. Beat the eggs, crème fraiche and cream, season with salt and pepper and add a pinch of freshly grated nutmeg. Scatter the peas and asparagus and most of the watercress over the tart and crumble over half of the goats cheese. Pour over the creamy mixture, finally top with the remaining goats cheese. Bake for 25-30 mins until it is set and the cheese is golden brown. Leave to cool and trim the edges of the pastry. With the remaining watercress scatter on top, cut into slices and serve.

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## **Warm potato salad with cod and asparagus**

350g Jersey Royal new potatoes	2 tbsp olive oil
10g finely chopped chives	300g cod loin, halved
8 cornichons, finely chopped	230g asparagus, trimmed
10g fresh dill, roughly chopped	1 tsp fennel seeds
1 tsp Dijon mustard	Zest of half a lemon
2 tbsp crème fraiche	Half of lemon cut into wedges

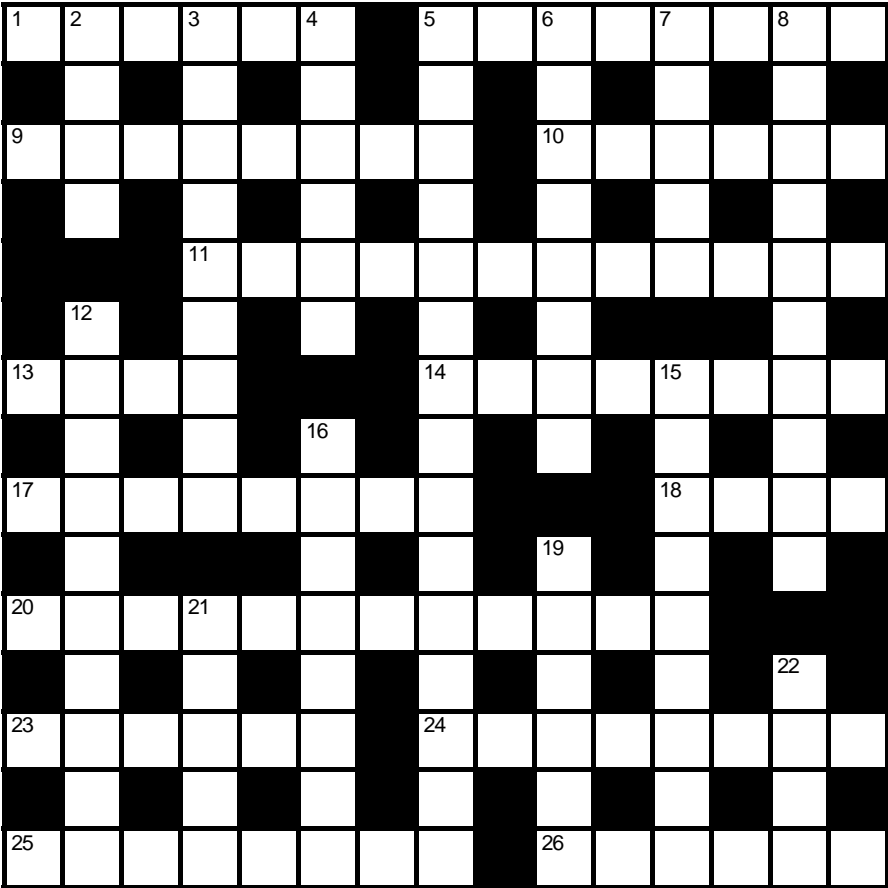
Preheat the oven to 200C. Boil the potatoes for 12-15 mins until tender, then drain and mix with the chives, cornichons, a little of the cornichon pickling liquid, dill, mustard, crème fraiche and 1 tsp of oil. Meanwhile, on a baking tray, toss the cod and asparagus with fennel seeds, lemon zest and the remaining oil, season and roast for 10-15 mins until the cod is cooked and opaque and the asparagus is tender and golden. Serve the cod and asparagus with the warm potato salad and lemon wedges for squeezing over. (serves 2)

# Crossword Number 184

Compiled by NIBOR

This month’s puzzle is a simple cryptic crossword. Send your answers to the editors by 18th May 2021. The first correct solution out of the hat will win a £20 meal voucher for the Red Lion—see the pub manager for full details.

NB: emailed solutions are acceptable but please include “CROSSWORD” and the crossword number in the header



Name:.....
Address:.....
.....Tel:.....

## Across

- 1 Stop talking and drive safely! (4,2)
- 5 Reporters are quiet in America - but get exercise (5-3)
- 9 Situation in which coins are shaken (8)
- 10 Hospital and computer departments combine before fourth of July for specific thing (6)
- 11 It's a great time to let rare teddy run wild (3-6,3)
- 13 What I might get in a grim Ealing restaurant? (4)
- 14 Hatched after Sunday bath but inflexible (8)
- 17 Picture of fat frog I disturbed (8)
- 18 Friend goes to job centre and finds a gem (4)
- 20 Step that is utter Indo-European starting on the radio (6-6)
- 23 Silver wattle maybe yields bucks fizz (6)
- 24 Privately in hospital room lays oddly (8)
- 25 Family points me out for preferential treatment (8)
- 26 Kind of current in loop is going fast (6)

## Down

- 2 Originally early Anglican churches heard everyone individually (4)
- 3 Crazy con let ref produce musical notation (5,4)
- 4 Procession is normal with help we hear (6)
- 5 Teacher perhaps is male and shows expertise (15)

- 6 To prevent full inclusion is interesting (8)
- 7 Greek deity may stray badly (5)
- 8 Mine, thank you; money for food (5,5)
- 12 Shake up soldier with ear maybe and sound eyes (10)
- 15 Biological analysis starting before I observe measuring system (9)
- 16 I alter it badly for intelligentsia (8)
- 19 Pin bias on ruler (6)
- 21 First know your onions to operate in this old capital (5)
- 22 Family of 150 and not 500 (4)

## Solution to crossword no. 183

S	I	G	H		A	F	A	R		C	H	A	R	M
E		E		W		L		I		O		M		O
M	A	C	C	H	I	A	T	O		O	L	E	I	C
I		K		I		T		J		L		R		H
C	H	O	C	T	A	W		A	R	A	B	I	C	A
O				E		H				N		C		
L	A	M	B		B	I	S	E	C	T		A	K	A
O		A		M		T		S		S		N		E
N	O	R		E	X	E	M	P	T		F	O	U	R
		E		G				R		M				O
I	N	S	T	A	N	T		E	M	A	I	L	E	D
R		T		B		H		S		O		A		R
I	R	A	Q	I		R	I	S	T	R	E	T	T	O
S		I		T		E		O		I		T		M
H	A	L	O	S		E	L	S	E		M	E	R	E

We congratulate Jonathan Cook, the winner of last month's competition, who will receive his prize certificate from the editors. Honourable mentions go to Robert & Julie Nunn and Trish Whitehead.

# The Red Lion

Photographed by Thomas Cooper, early 1900s



Perhaps this wonderful archive photograph reminds us of how much we've missed The Red Lion during the recent Lockdown. Relaxed and sociable, villagers lean in the familiar doorway to have their photograph taken. Notice the pub is thatched and the extension to the right of the door hasn't yet been given a window overlooking the street.

Two men, perhaps on their way to the pub, have stopped in the road for the photograph and a woman carrying a child stands beside Well House (with its yew trees branching out above the garden wall, probably the same trees we see there today).

In the background of the photograph are the two village schools (infants and juniors) that occupied the churchyard until the present school was built in 1929. Today there is virtually no trace of these buildings and their school yards. It would be easy to assume that the village has always enjoyed the open view of its two churches from the road that is much photographed today.

*Celia Tyler 0780 4508335*

## References:

Cambridgeshire Collection, Local Studies Library - free public access

[www.british-history.ac.uk/vch/cambs/vol10/pp273-278](http://www.british-history.ac.uk/vch/cambs/vol10/pp273-278)

Two Churches Together, a History of Swaffham Prior by Sylvie Short, 2013

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## Spring Thoughts in a Plague Year

There's been no lockdown in the snowdrop world.  
Oblivious to our horrors, they appeared  
At their appointed hour and unfurled  
Their shy, white whispering of winter's end  
In pristine ignorance of all our fears;  
A welcome shoot of usual-ness to mend  
A monstrous year.

The daffodils have rocked up with their loud  
*My Grandpa knew that Wordsworth* flash mob dance  
In narcissist, attention-seeking crowds  
Marauding over meadow, lawn and verge  
To mock our miry wallow in mischance  
And misery, our moody pallor purged  
With every golden glance.

Our species-solipsism makes us rash.  
We should have sought the wisdom of the elm;  
Learned of pandemics from the twig-crowned ash;  
Heard what the chestnuts, brown in June, could teach  
Of stubborn fortitude when overwhelmed.  
Then we might understand at last that each  
Of us is subject of a single realm.

*Wulsin*

## On the Wildside:

### Mole in a hole: By Saffra Monteiro

So I decided that it was time the wonderful mole in a hole got a look in on our wildlife column. I know some folk think of them as pests but really how is that fair when the most harm they can cause you is by ruining your emulate lawn with a few little soil holes? Nature is not perfect and having perfect tidy gardens is not nice for our nature or natural in any way so I say down with the mole hating, lawn obsessed folk. I mean just look at that face and those huge hands- they are adorable! So what are these funny looking creatures? Moles are small mammals adapted to a subterranean lifestyle. They have cylindrical bodies, velvety fur, very small, inconspicuous ears and eyes and short, powerful forelimbs with large paws adapted for digging. While moles may be viewed as pests, they do provide many positive contributions to the soil, gardens, and the ecosystem, including soil aeration, feeding on slugs and other small creatures that *do* eat plant roots, and providing prey for other wildlife.



Moles are small mammals adapted to a subterranean lifestyle. They have cylindrical bodies, velvety fur, very small, inconspicuous ears and eyes and short, powerful forelimbs with large paws adapted for digging. While moles may be viewed as pests, they do provide many positive contributions to the soil, gardens, and the ecosystem, including soil aeration, feeding on slugs and other small creatures that *do* eat plant roots, and providing prey for other wildlife.

The saying “don’t make a mountain out of a molehill” comes from Middle English, moles were known as *moldwarp*. The expression was first recorded in Tudor times. And moles are really pretty awesome creatures- they have been found to tolerate higher levels of carbon dioxide than other mammals, because their blood cells have a special form of hemoglobin that has a higher affinity to oxygen than other forms. This means they can carry out underground breathing with total efficiency. And did you know that moles have extra thumbs? Moles have polydactyl forepaws; each has an extra thumb (also known as a prepollex) next to the regular thumb which makes it easier to dig through soil quickly and without difficulty.

A mole's diet primarily consists of earthworms and other small invertebrates found in the soil. The mole runs are in reality "worm traps", the mole sensing when a worm falls into the tunnel and quickly running along to kill and eat it. Breeding season for a mole depends on species, but is generally February through May. Males search for females by letting out high-pitched squeals and tunneling through foreign areas. Their average lifespan is three years. Apart from the breeding season, moles lead solitary lives so one animal could be responsible for the visible activity over quite a large area. Vacant tunnel systems are often re-colonised by another mole from an adjacent area. Because they spend most of their life underground which is why few of us have ever seen one in person-this means that their eye sight is extremely poor because they are always in the dark but they are not technically blind. They are also colored blind and in fact can only see light and shapes but no detail at all. Instead they use little movement and scent sensors on the tip of

their nose to find prey and other moles.

They are phenomenal diggers and can shift 540 times their own body weight of earth and tunnel up to 200 metres per day. Since they are rarely more than 150mm in length, weighing in at between 110-120 grams, this is one mean feat. Moles are industrious hard workers. So the next time you see a mole hill in your garden, don't get annoyed, just think how lucky you are to have a mole in a hole in your garden and consider it a honor! Plus it means your soil is healthy which means you must be doing something right!

*Saffra Moneiro*

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## **East Anglian Air ambulance**

Now well into 2021, we are mindful of the huge number of missions undertaken so far. On 23<sup>rd</sup> December last year, EAAA was tasked with its 30,000<sup>th</sup> mission. Although not something to be celebrated, it represents 30,000 times over 20 years that someone's life has been endangered and needing help. It illustrates just what an important lifeline for the Region the charity is.



Between December and February, in the face of Covid-19 cases across East Anglia, the teams continued ready to deliver critical care transfers alongside the primary HEMS taskings. When a hospital was reaching capacity in intensive care, the teams were redeployed to help move patients to other hospitals. One crew was kept constantly online to respond to 999 emergency calls whilst the other team carried out vital transfers by a designated vehicle. As one might imagine, these transfers are highly complex undertakings and challenges for our crews. It has been and continues to be important to utilise EAAA skills and experience where possible to help ease the pressure on local NHS services during the pandemic.

Despite the challenges of the previous twelve months, EAAA is extremely close to realising the ambition of flying 24/7 from the new Norwich base, which is very close to being completed. Still on track to commence flying by early summer, achievement of this goal will enable hundreds more patients a year to receive help from the charity. This progress is, of course, only possible by virtue of the ongoing generosity of so many people.

The story of one of our doctors experience was recently published. Now recovering well, Dr.Mills said that she always thought that working with EAAA was an immense privilege, but now she appreciates what they do even more. If anything, she is even keener to help others now that she has been on the receiving end of the incredible care provided by EAAA. She is extremely grateful to all our supporters whose donations make this all possible – “thank you”.

Just recently during the last March week, Anglia Two from Cambridge was tasked to a motoring incident on the A1304 by Bottisham – ‘on our doorstep’, bring-

ing home the thought that accidents can happen close by.

East Anglian Air Ambulance needs your support today – YOU might need their help ‘tomorrow’. If you wish to help raise funds, or organise an event, please contact [volunteering@eaaa.org.uk](mailto:volunteering@eaaa.org.uk) – or call 0345 066 9999

*Michael White*

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## **The Reading Group Reads...**

### **About Grace**

**By Anthony Doerr**

In April we read ‘About Grace’ by Anthony Doerr. We’d previously read this author’s Pulitzer Prize winner ‘All The Light We Cannot See’ and decided our read wasn’t quite as good!

The main protagonist, is David Winkler, a graduate hydrologist, who has foresight and recurring nightmares about people who are going to die. These rule and shape his life. Grace is his daughter.

The story begins when David is a small, rather strange boy, living in Anchorage and ends there when he’s 65. The interim years are spend going from floods in Ohio, to the heat of the Grenadines, to the frightening cold of winter in northern Alaska and finally home.

He lives in Cleveland with his wife- strangely acquired - and baby daughter, but flees and abandons them, believing after a terrible nightmare, that he is responsible for the child drowning. Several weeks later, he arrives in the Grenadines, having got there on a cargo boat from New York and remains haunted by what he’s done and what might have happened.

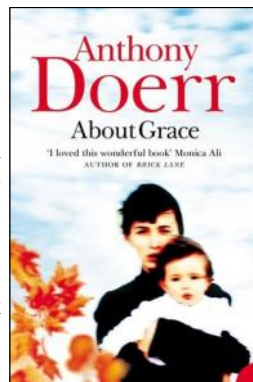
His life is literally saved by a wonderful, Christian couple, Soma and Felix - refugees themselves from Pinochet’s Chile. He lives both with them and near them for many years, working as a manual labourer and foresees another terrible drowning of the daughter of Soma and Felix - Naaliyah, (who has become an important person in the story). She does indeed almost drown, but he saves her.

This is the catalyst, amongst other small things, that finally persuades him to return to the States, to look for Grace.

The next part of the book covering his determined, relentless, often hopeless search, is a bit protracted, but eventually, once again, in no small part to the kindness of strangers, he finds her. And a grandson. The last few chapters, back in Anchorage, are very moving and scary - they contain yet another foretelling of death, whilst the denouement is never certain.

Next month we are reading *Britt-Marie Was Here* by Fredrick Backman, on Wednesday, May 5, 6pm. We are hoping for a garden meeting and not Zoom!

*Margaret Joyce*







## ANGLESEY GROUP MOTHERS' UNION

With the summer approaching and the easing of lock down we hope that sometime soon we will be able to meet and share time together. Until then we continue social distance communication and support for each other as a branch and beyond.

Each of our members received a posy of spring flowers for Mothering Sunday. These were made up and delivered by three of our members.

As we all look towards returning to a 'more normal' lifestyle, accommodating factors of the Coronavirus pandemic, Mothers' Union moves forward with a brand-new membership magazine entitled 'Connected'. The first issue of the twice yearly magazine has just been published and mailed direct to members from Mary Sumner House. It is packed with news, activities, current topics and lots more from Mothers' Union around the world. I am hoping additional copies will be available from the Diocesan Office so a copy can be placed in each of our Anglesey Group churches for members of the community to read if they wish.

For the time being Thursday Prayers will continue to take place via Zoom on the third Thursday of each month.

I close with a prayer for rebuilding hope and confidence from Sheran Harper our Worldwide President.

*We will walk in hope and confidence, trusting each other, loving each other – and together we will rebuild hope and confidence of families and communities everywhere – always reaching forward as God's hands and feet and reflecting a life filled with purpose and meaning, grace and love, peace and joy.*

**Ann Langran**

### **Do you have Breathing Difficulties? Did you know that singing can help?**

#### *Cambridge Singing for Breathing is now meeting online*

Singing for Breathing is a friendly and fun way to get the best from your lung capacity, using breath and voice exercises, guided relaxation and singing

Thursdays 2.30 - 4.00 pm.

Weekly donation £0 - £3.50

Contact Kay Barrett for more information and Zoom link:

Mobile - 07845 726975 Email - [singingforbreathingcambridge@gmail.com](mailto:singingforbreathingcambridge@gmail.com)

Website: [www.singingforbreathing.wordpress.com](http://www.singingforbreathing.wordpress.com)

Facebook <https://www.facebook.com/singingforlunghealthcambridge/>

# School News

## Hello Summer Term!

Despite the heating still being on and odd flurries of snow in the air and frost on the ground, we have made it to the start of the Summer Term. When we went inside last March, we had no idea that it was just the start of a year which would see us have to adapt to a completely new way of living and home learning but here we are over a year later and despite the upheaval, our children have soldiered on magnificently.



Whilst the Easter holidays and the arrival of Spring signified new beginnings, this year, more than ever, it feels appropriate to appreciate the environment and more importantly value the people around us who have made such a great contribution to the life of the school.

After 20 years of running the office at Swaffham Prior School, we said a very sad goodbye to Beverley O'Dowd. Her contribution to the school is immeasurable and she will be sorely missed. She is a valued member of our community and many generations of parents and children will remember her support, kindness and amazing organisational skills.

### **Sad Goodbyes to Beverley O'Dowd — she has been running the School Office for 20 years**

We also want to recognise Sue Wade whose green fingers are clearly magical! Every day when I walk around the grounds, I marvel at her creativity – there is always something to admire. Her efforts to keep our environment inviting and colourful make us all smile. Her passion and enthusiasm inspires

the next generation of gardeners. Where would we be without Granny Sue?

We have all learnt new ways to learn over the past year and now we have a whole new way of volunteering! Roz Chalmers, who has always given up her time to support the children, has moved online! The children look forward to her zoom sessions and it is a fantastic way of keeping the links going despite the restrictions.

We look to the future with hope and now as the Yr6's sport their leavers tops and the children are back in full swing– here is to a wonderful summer term.

### **Key Dates**

May Bank Holiday Monday 3<sup>rd</sup> May 2021

Half Term 31<sup>st</sup> May – 4<sup>th</sup> June 2021 (back to school Mon 7<sup>th</sup> June 2021)

Summer Holidays 23<sup>rd</sup> July 2021 – 2<sup>nd</sup> Sep 2021



East  
Cambridgeshire  
District Council  
[www.eastcambs.gov.uk](http://www.eastcambs.gov.uk)

From our District Councillors  
Charlotte Cane &  
John Trapp



The Council has decided to demolish the buildings, including the tent, at the Mepal Outdoor Centre. John and Charlotte, amongst others, were shocked that the buildings had been allowed to fall into such disrepair and that insurance money received had not been spent on repairing the buildings. There was no consideration given to alternative options other than to keep the buildings in their current state. Nor was there any consideration of the impact of demolition on the wildlife at the site and how to mitigate disturbance. An application to demolish will now be made through the planning system. This was particularly ironic, as the Operational Services Committee earlier in the month had approved a Youth Strategy and Action Plan. One of the big concerns which came from the Youth survey was space for recreation and outdoor activities.

It was unanimously agreed to carry over funds which would have gone to community sports centres in 2020-21 in order to provide financial assistance as they come out of Covid restrictions. It was also unanimously agreed to allocate CIL funding to improvements at the Gardiner Memorial Hall in Burwell.

Because of Covid restrictions, government allowed Councils to meet by video link rather than in person. This has proved to have many benefits, but the government have refused all-party requests from the Local Government Association and the National Association of Local Council's to extend the current arrangements beyond early May. East Cambs meetings have seen hundreds of people logging on during and after meetings to view on-line proceedings. This is much higher numbers than can attend meetings in person. Journeys to and from Ely for meetings have been cut, saving the Council money and saving environmental degradation. People with caring responsibilities have been able to join meetings, and be at home if they are needed. Conversely, people with poor broadband or who are not familiar with the technology have felt excluded. The Government is now consulting on on-line meetings. If you would like to give your view, the consultation is now online at <https://www.gov.uk/government/consultations/local-authority-remote-meetings-call-for-evidence>. The consultation ends on 17 June 2021.

Our next virtual District Councillors' Surgery and meet your Councillors will be on Tuesday 25 May at 6.30pm - Meeting ID: 859 7408 5100, Passcode: 741447. If you prefer to join the meetings by 'phone, the number is 01314 601196.

**Charlotte Cane – 01638 741064 John Trapp – 01223 812120**

## Honey Hill Campaign

Honey Hill, located between Fen Ditton, Horningsea, Quy and Teversham, has been selected by Anglian Water as the site for Cambridge's new sewage works. The relocation is driven by the North East Cambridge Area Action Plan (NECAAP) to build 5,600 houses, office and retail space on the current sewage works site. The Save Honey Hill Group includes residents from our four villages and its aim is to challenge the proposed relocation. In parallel, we will identify issues for mitigation, to lessen the adverse effect the relocation would have on all our lives, should it go ahead. **Anglian Water has stated that there is no operational need for the site to move. Furthermore, our huge national debt and changed, post-Covid world, means there is no current need for new office or retail space on the redeveloped sewage work's site.** We also believe that much needed affordable and better quality new housing can be provided elsewhere, more cost efficiently and on a much faster time scale, without needing to decommission and decontaminate the current site. **At least £227million of tax payer's money could be saved by stopping this project. In Anglian Water's consultation last year, only 27% of respondents wanted the Site to move, 53% wanted it to remain where it is.**

The consequences of this relocation have far-reaching implications:

- Cambridge **Green Belt land**, so precious and vulnerable at this time, **will be lost forever** and the **Wicken Fen Vision** (National Trust) will be severely compromised
- The relocated sewage works will signal the **first industrial development north of this section of the A14** and make the Green Belt vulnerable to further exploitation
- The impact will be immense. Numerous structures **will dominate the skyline**, including at least two **digester towers**, up to 26 metres high; artificial light will pollute the night sky
- There will be an estimated **140 HGV sludge lorry movements entering and exiting the site daily**, clogging our already busy local roads, adding to air pollution and compromising safety
- The likely **unpleasant odours emanating from the partly uncovered works**, will make time spent in our gardens a much less pleasurable pastime
- For some there is the very real **potential that house prices will be adversely affected**, possibly even making them difficult to sell.

We hope you will join us to fight this proposal. If you would like to help in any way, we would be pleased to hear from you. You can become a friend of the Save Honey Hill Group and/or offer some of your time or professional expertise. Please see overleaf - there is much to be done.

**We will need funding to continue our campaign**, especially since Anglian Water plan another consultation this summer. We are David versus Goliath and it is likely that the legal help and experts' reports required to challenge this proposal, will run into many thousands of pounds. In the current economic climate, there are so many deserving causes that need financial support and it pains us to ask you for a

contribution to the campaign at this time. However, we believe that this needs to be a community effort and every contribution, however small, will help the campaign to grow in strength.

*Laurie Woolfenden (Fen Ditton), Catherine Morris (Horningsea),  
Frances Amrani (Teversham) and Ray Jakes (Quy)*

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## **Be part of a weekend to remember with Star Shine Walk!**

Arthur Rank Hospice Charity is inviting you to walk in memory of someone special on the weekend of 22 and 23 May. The thirteenth annual Star Shine Walk, sponsored by The Cambridgeshire Care Home, will raise much needed funds for hospice care across Cambridgeshire.

This will be the second outing for Star Shine Walk as a ‘virtual’ event! Participants get to choose the time, location and method to suit them. They are challenged with completing a 5, 10 or 20 mile distance over the event weekend, and can chose to walk, skip, wheel, trundle, scoot, walk the dog or even dance their way around: whatever suits them most!

The walk raises funds for the Hospice’s essential frontline care, whilst providing the perfect motivation to get active. Incredibly in 2020 the memory walk raised more than £40,000 – the equivalent of 67 visits by the Charity’s Hospice at Home team.

Teams of colleagues, friends and families can get involved, no matter how far apart they’re based. Angeline Liles, Events Officer at Arthur Rank Hospice Charity, adds:

“We have found that people taking part in Star Shine Walk treasure the event as a unique opportunity to actively remember, honour and celebrate the life of someone they love. The beauty of it being a virtual event again this year means anyone can take part *wherever* in the county, country or world they live. Teams can even set off at the same time if they like! You can also plan your route to take in places of particular significance, or landmarks that are related to special memories.”

Register (£17 for over 16s and £15 for children) at [arhc.org.uk/starshinewalk](https://arhc.org.uk/starshinewalk) by 16 May to receive a Walk Pack, including a special edition event t-shirt and other goodies.



# **Notes from the Parish Council meeting**

**Thursday 8<sup>th</sup> April 2021.**

Cllr John Covill chaired an online meeting via Zoom at which were present seven Parish Councillors and three members of the public.

## **Public participation for items on the agenda**

Mr Jonathan Cook gave an update on the work of A to B1102. Cllr Covill thanked Mr Cook for his work.

Mr Michael Limb asked for clarification on the cost and frequency of the checks to the new fire system at the village hall. The Clerk confirmed that the checks were carried out twice a year and cost £187.20 in total.

## **Matters arising from previous minutes.**

Cllr Greenfield noted that two questions had been asked regarding the Heating Scheme, the first by Cllr Latchford regarding potential damage to properties. Cllr Greenfield supplied a document from Sharp Pritchard LLP, solicitors for Cambridgeshire County Council, confirming that any damage that occurred as a result of the Heating Scheme works would be covered by third party insurance. Cllr Latchford expressed concern for properties not involved in the Heating Scheme and for damage to the roads themselves, but thanked Cllr Greenfield for the document, which he intended to review and ask any questions at a later date, in the interests of clarity.

The second question was Cllr Kent-Phillips', regarding the implications of possible contamination of the water table for stakeholders of the Racecourse. Cllr Greenfield noted that the hydrologist's report had been on the CCC planning website, not ECDC's. Concerns had been raised regarding the quality and quantity of ground water. A meeting had taken place on 6<sup>th</sup> October 2020 between the Newmarket racecourse, Jockey Club Estates and the National Stud, the hydrologist and CCC, after which a holding objection had been withdrawn.

Cllr Latchford asked if a written guarantee that no leakage would occur could be supplied? Cllr Greenfield felt this question to be outside his area of expertise and declined further comment.

Cllr Latchford asked how many people had signed up for the scheme and if it still held true that if there were not enough takers, the scheme would not go ahead as had been said by Sheryl French, representing CCC at the meeting of 11<sup>th</sup> June 2020 that "if no-one signed up, the scheme couldn't happen". Cllr Greenfield explained that at present, it was not possible to sign a legal contract for a scheme that didn't exist, so despite many people showing interest, as yet no-one was able to sign up. Cllr Greenfield believed that at the time of questioning, the answer given by Sheryl French had been correct, but since then, the scheme had developed and changed and there had been many opportunities to ask questions and seek information since that meeting. Cllr Greenfield's understanding is that the scheme will go ahead.

It was agreed that the PC write to Sheryl French inviting her to attend a monthly meeting again in order to answer further questions regarding the heating scheme.

### **Correspondence for consideration/circulation:**

Mr John Chalmers explained that having been refurbished at the end of the last century, the Churches Conservation Trust (CCT) had insisted that the bells of St Cyriacs were rehung in the traditional manner, which had been done badly, leaving the tenor bell in need of further work. The CCT had now agreed that the bells could be rehung in a modern manner, which would cost around £4000.00, roughly £1500-£2000 of which still had to be raised. Mr Chalmers requested that the PC give a donation of £100 and the PC agreed.

### **Consideration of planning applications received:**

**21/00441/FUL The conversion of an existing cart lodge building into a granary store, packing shed/shop with a consultation room/office and the erection of a new domestic cart lodge garage. The Windmill, 9 Mill Hill, Swaffham Prior CB25 0JZ**

Mr Jonathan Cook was invited by the Chair to explain the intended changes. No objections were raised.

**21/00478/RMA Approval of reserved matters of appearance, landscaping and scale of previously approved 17/01090/OUT for erection of one house and garage. 10 Lower End, Swaffham Prior, CB25 0HT**

No objections were raised.

### **Financial matters:**

#### **Potential unpaid invoice from Cambridge County Council**

Cllr Kent-Phillips noted that an invoice had been sent to the PC from the CCC debt collectors for payment for street lighting - £387 for the period 1/10/2016-30/9/2017. This period was when the changeover from CCC to Balfour Beattie occurred. Cllr Kent-Phillips had responded to the invoice, asking that it be cancelled as it is double-billing and is waiting for a response.

#### **High cemetery water bill**

Cllr Kent-Phillips noted that for the second quarter in a row, the bill for the cemetery water tap was approximately £100 more than expected. After checking leaks and finding no evidence, a hosepipe was spotted running from the tap towards the horse water trough in the next field.

Cllr Covill volunteered to approach the owner of the horses to discuss.

### **Renewal of PC membership of the Institute of Cemetery and Crematorium Management**

The Clerk explained that membership of the ICCM was due for renewal, that it had provided invaluable advice regarding the cemetery and that there was a substantial discount for members for courses run by the ICCM, including the Memorial Management course running in July, which Cllr Durrant and the clerk intended to attend.

### **Clerk's Report**

The clerk noted that legislation to extend permission for PC meetings to take place virtually would not be happening. Cllr Durrant confirmed that the Village Hall committee had agreed that the Village Hall would be able to accommodate safely the PC meeting in June and the Annual Village Assembly on 26<sup>th</sup> May 2021.

For further information on any of the above items, please contact the Clerk.

The next monthly Parish Council meeting will be on Thursday, 6<sup>th</sup> May 2021 starting at 7.30pm via Zoom. All are welcome to attend. The AGM will take place at 7.15pm directly before it, also via Zoom.

*Jude Griffiths –*

Clerk to the Parish Council.

swaffhampriorclerk@gmail.com

## **BON MOT NUMBER 117**

“One may smile, and smile,  
and be a villain,”

*William Shakespeare*  
**(1564 - 1616)**

## **News from Bottisham Medical Practice**

### **Patients' Participation Group**

**Patient Survey:** We are very pleased to note that Bottisham Medical Practice came in the top 10 for the latest patient satisfaction survey from all practices in the Cambridge and Peterborough Clinical Commissioning Group.

**Medication, Weekends and Bank Holidays:** Please make sure you have adequate medication in hand to cover for these periods and that ensure you have ordered well in advance to allow time to dispense.

You can now arrange to have your medication delivered to your home and leaflets for this are being distributed.

**COVID 19 Vaccination programme:** The PCN have now vaccinated over 11,000 patients and have now commenced doing the second vaccinations with Bottisham staff working with the rest of the PCN to delivery these at East Barnwell Health Centre. Please ensure you do not turn up without an appointment for your vaccination. You will receive a text message or phone call to arrange your appointment when it is your turn.

**National Association of Patient Participation:** There is now a public website for this Association. [www.napp.org.uk](http://www.napp.org.uk)

**Next meeting:** To be arranged and will be held virtually via Zoom. If you would like to join the Zoom meeting please email our chairman at [s.j.gilson@btinternet.com](mailto:s.j.gilson@btinternet.com) who will send you a meeting invite. AGM meeting scheduled for Zoom on Tuesday 26 May at 6pm.

***Bottisham Patient's Participation Group***



# FREECYCLE



Everything is free and nothing is expected in return.

If you have any offers or wants, please contact me by the 14<sup>th</sup> of each month by phone (01223 813362/07980 423210), e-mail ([junthompson44@gmail.com](mailto:junthompson44@gmail.com)) or drop a note through the letter box (23 Longmeadow).

Please let me know if you would like anything repeating in subsequent issues.

## Offers

My mother bought her upright piano in 1938 and it is showing its age and needs retuning! We would love it if someone would find it useful. Mary 07740 645598

RHS 'The Garden' Monthly Magazines (Any complete year. 2015, 2016, 2017, 2018) – Martin, 01223 811703

A large three blade hand turn spiralizer made by Lurch- with operation instructions - barely used. Belinda 07736 579745

Snooker table 6ft x 3ft. Solid wood with hinged legs complete with cues and balls. Well used and some pockets need attention but very useable. Adrian 01223 812232

2 x Polished steel curtain poles 30mm, 1.5 m length. Wooden King size bed and mattress. Eleanor 07843209117

Galvanised garden incinerator, complete with lid; Little Tikes 4 in 1 trike - like a push chair but with a trike for the child to sit on. Charlie Rickard 01223 812096

**Wanted:** None



## **St Mary's Swaffham Prior**

### **Services in May**

#### **Sunday 2 May**

9am Holy Communion, Quay;  
10.30am Online service on Zoom

#### **Sunday 9 May**

9am Holy Communion, Swaffham Prior;  
10.30am Online service on Zoom

#### **Thursday 13 May – Ascension Day**

10.30am Holy Communion, Lode

#### **Sunday 16 May**

9am Holy Communion, Swaffham Bulbeck;  
10.30am Online service on Zoom

#### **Sunday 23 May – Pentecost**

9am Holy Communion, Bottisham;  
10.30am Online service on Zoom

#### **Sunday 30 May – Trinity Sunday**

9am Holy Communion, Lode;  
10.30am Online service on Zoom

**Each Thursday at 10.30am Holy Communion in Lode**  
*All subject to Covid restrictions.*

There will be a service in one of the churches in the group at 9am each Sunday; online services are at 10.30am using Zoom. If you have a computer, tablet or smart phone we can provide help to set this up for you so please do be in touch. Please email [admin@angleseygroupparishes.co.uk](mailto:admin@angleseygroupparishes.co.uk) for the Zoom link

Regular activities continue online:

- **Play & Praise** – Weekly on Fridays, 9.30am for toddlers and their carers: [suethetic@btinternet.com](mailto:suethetic@btinternet.com)
- **Film Church** – Fortnightly on Sundays, 5.30pm for Year 6+
- **CbyC: Compline by Candlelight** - Monthly on first Wednesday, 8pm

In addition, bible study and prayer groups continue on line. Please email for information. If you would like to receive our weekly mailshot with noticesheet and other information, and for more details on any of the above, please be in touch:

Keep in touch:

Facebook: [www.facebook.com/angleseychurches](https://www.facebook.com/angleseychurches)

A Church Near You: <https://www.achurchnearyou.com/church/7380/benefice>

Website: [www.angleseygroupparishes.co.uk](http://www.angleseygroupparishes.co.uk)

Email: [admin@angleseygroupparishes.co.uk](mailto:admin@angleseygroupparishes.co.uk)

**Please note:** new Village Pantry in each church – following a grant from the Council and with the support of Open Door foodbank in Newmarket we have set up small emergency foodbanks in each of our five churches. Open Door has agreed that, as it is difficult to get to their depot by bus, local donations can now go to these local pantries, in order to better serve local need. Please, if you are in need at all call in to one of the local churches and take what you require; St Mary's is open approx. 10am-5pm. If you are one of our regular donors, thank you for your generosity so far. We are assessing the local need and hope to be able to manage things so the church/es in the area/s where there is greatest need receive the most supplies. Please do be patient while we adjust supplies to suit requirements, and please do continue to give. Please pass on this information to anyone who would find it useful. Thank you.

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## Living Well: a new name for weekly rehabilitative support programme!

Arthur Rank Hospice Charity is rebranding its supportive and rehabilitative eight-week programme to the Living Well service, following consultation with patients, relatives, healthcare colleagues and volunteers.



The service, previously known as Day Therapy, is provided from the Arthur Rank Hospice, in Cambridge and the Alan Hudson Day Treatment Centre, in Wisbech. It provides specialist advice, practical and social support to an average of 173 patients per month, who are living with a life-limiting condition.

Whilst the programmes offered in Cambridge and Wisbech differ, both are holistic in their approach and typically involve once a week contact for eight weeks. Sessions can involve everything from managing breathlessness, anxiety or fatigue to complementary therapy, consideration of advance care planning to seated exercise groups, one-to-one symptom management to spiritual counselling, life celebration and creative activities to psychological support.

You can discover more Arthur Rank Hospice Charity's Living Well service at [arhc.org.uk/livingwell](http://arhc.org.uk/livingwell). Referrals can be made by healthcare professionals, such as a district nurse or GP at [arhc.org.uk/refer](http://arhc.org.uk/refer) or by calling 01223 675800. Please contact the team directly to ascertain information regarding the specific services available at each location.

## Dates for Your Diary May 2021

Mon	3	May Bank Holiday
Wed	5	Bookclub, 6pm (Zoom or live, depending on weather—ring 744008) [16]
Thu	6	Election(s) Day [4] PC Meeting (Zoom), 7.30pm [24]
Sat	22	<b>Crier Copy Deadline</b>
Sat/ Sun	22/23	Star Shine Walk [21]
Tues	25	District Councillors' Surgery, 6.30pm (Zoom) [19]
Wed	26	Bottisham Patients' AGM (Zoom) [24] <b>Annual Village Assembly</b> , 7pm, VH [24]
Mon	31	School Half Term holidays start [18]

*Numbers in square brackets indicate page number of an accompanying article*

Club	Contact	Tel.	Date	Time	Place
FOSPS			2 <sup>nd</sup> Mon of Term	8pm	Village School
Beavers, Cubs and Scouts	Tim Doe	01223 861083	Variable		
Reading Group	Brenda Wilson	743937	1 <sup>st</sup> Weds of month	8:00pm	Kent House
Village Gardeners	Margaret Joyce	744390	3 <sup>rd</sup> Tues of month	8:00pm	Village Hall
WI	Pat Cook	742224	3 <sup>rd</sup> Mon of month	7.30 pm	Village Hall